



UNITED IN SERVICE.  
TRUSTED FOR LIFE.

## POPULATION HEALTH

Nor-Lea Population Health nurses provide exceptional, compassionate care and work with your provider to ensure a holistic, individualized treatment plan. Our patients can expect assistance with priority access to physicians and specialists; home visits for those who cannot access our facility; a comprehensive care plan that is shared with their medical team; 24/7 access to a nurse hot line; and assistance with patient resource needs.

Population Health most commonly treats Medicare patients with Traditional Medicare beneficiaries (red, white and blue card) suffering from two or more chronic illnesses, such as:

- High Blood Pressure
- Congestive Heart Failure
- COPD
- Arthritis
- Atrial Fibrillation
- And many more...

## SERVICES WE PROVIDE

**Chronic Care Management** for Medicare patients with two or more chronic illnesses recognized by Medicare as a potential cause for declining health or increased ER visits or hospitalization.

**Transitional Care** to help patients transition from the hospital to the home, including assistance with making follow-up appointments, ensuring ordered medications and/or equipment are received, and providing education on symptom management and home recovery.

**Annual Wellness Visits:** Preventative screenings which are paid for by Medicare without co-pays or out of pocket expenses. These are conducted once a year and are coordinated by an Annual Wellness Visit expert and your physician. Preventative screenings may include screenings for the following disease processes:

- Breast Cancer
- Prostate Cancer
- Colon Cancer
- Osteoporosis
- Diabetes
- Depression and Safety Risks

### Office Hours:

**Monday - Friday 8:00 a.m. - 4:00 p.m.**

**Vicky Wilson, R.N. – Chronic Care Management Expert**  
(575) 396-9075

**Cyndie Cribbs, R.N. – ACO/Population Health Manager**  
(575) 396-6611 ext. 1820

**Heather Miranda, CNA – Annual Wellness Visit Expert**  
(575) 396-6611 ext. 1817

**Trish Lambert, EMT – Annual Wellness Visit Expert**  
(575) 396-6611 ext. 1818

| Population Health |  
| Nor-Lea Hospital District |  
| (575) 396-9075 |